

**COMMUNITY LEADERSHIP OVERVIEW AND SCRUTINY COMMITTEE**

**17 NOVEMBER 2025**

**RECOMMENDATIONS MONITORING REPORT**

<b>Recommendation(s) Including Date of Meeting and Minute Number</b>	<b>Actions Taken and Outcome</b>	<b>Completed, follow-up work required or added to Work Programme</b>
<p><b><u>The Committee’s meeting held on 23 September 2025</u></b></p> <p><b>Youth Mental Health in Coastal Communities</b></p> <p><b>The Community Leadership Overview &amp; Scrutiny Committee RESOLVED that the Committee:</b></p> <p>1) thanks the various contributors to the meeting from the local health providers and University of Essex and notes the research findings that nationally, those young people living in deprived Coastal Communities are significantly more prone to poor mental health and</p>	<p>Response of the Partnerships Portfolio Holder for Partnerships, in her formal decision dated 28 October 2025:-</p> <p><i>“In responding to the recommendations within the minutes of the Community Leadership Overview and Scrutiny Meeting on 23 September 2025 I propose to take the following action in respect of the Committee’s lettered recommendations:-</i></p> <p><i>I will ask officers to:</i></p> <p><i>a) write to the Integrated Care Board identifying the link between coastal communities and poor mental health for them to help seek to address this.</i></p> <p><i>b) highlight to the Committee what the Council is doing to seek to address poor mental health through its Health and Wellbeing Strategy including the interventions to address poor mental health and its drivers; and</i></p>	<p><b>Completed</b></p>

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<p>less likely to have that diagnosed when compared with the position of young people in inland communities and therefore urges that this evidenced need is flagged with this Council's partners as progress occurs over the coming years to local government reorganisation;</p> <p>2) urges the Portfolio Holder for Partnerships to take up the following policy recommendations from the University of Essex's Coastal Communities Centre research into Coastal Disadvantage and Youth Mental Health as part of the strategic approach to Health and Wellbeing locally:</p> <ul style="list-style-type: none"> <li>• <i>Develop a long-term strategy to increase diagnosis of mental health conditions and reduce the development of poor mental health in children and adolescence.</i></li> <li>• <i>Create local targets to improve mental health for young people in line with the national average, as part of</i></li> </ul>	<p><b><i>c) provide an update to the Committee about the actions that are being taken by the Council to help improve aspiration.”</i></b></p> <p><b>Full details of the decision can be found via the following URL:</b>  <a href="https://tdcdemocracy.tendringdc.gov.uk/ieDecisionDetails.aspx?ID=13895">https://tdcdemocracy.tendringdc.gov.uk/ieDecisionDetails.aspx?ID=13895</a></p> <p><b>Following the decision of the Portfolio Holder for Partnerships dated 28 October 2025, a letter was written by Officers to the Chief Executive Designate of Essex ICB identifying the link between coastal communities and poor mental health and requesting their assistance to address this matter. The full document can be found via the following URL:</b>  <a href="https://tdcdemocracy.tendringdc.gov.uk/documents/s78603/Coastal%20communities%20letter%20to%20the%20ICB.doc.pdf">https://tdcdemocracy.tendringdc.gov.uk/documents/s78603/Coastal%20communities%20letter%20to%20the%20ICB.doc.pdf</a></p> <p><b>An update to the Committee from the Portfolio Holder for Partnerships detailing actions being taken by the Council to improve aspiration, also highlighting the Council's interventions to address poor mental health through its Health and Wellbeing strategy. The full document can be found via the following URL:</b>  <a href="https://tdcdemocracy.tendringdc.gov.uk/documents/s78602/CLOS%20response%20re%20Coastal%20Communities%20004.docx.pdf">https://tdcdemocracy.tendringdc.gov.uk/documents/s78602/CLOS%20response%20re%20Coastal%20Communities%20004.docx.pdf</a></p>	
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<p><i>their annual planning exercise.</i></p> <ul style="list-style-type: none"> <li>• <i>Invest in delivery of interventions to support the mental health of coastal young adults in the most deprived areas of England. This should include facilitating access to services with a focus on the most at-risk groups (e.g. how can services be brought closer to coastal young adults).</i></li> <li>• <i>Fund longer-term investments in deprived coastal communities to tackle the drivers of poor mental health. This includes improving opportunities for education, employment, housing and social connection with improved public transport essential for all of these.</i></li> </ul>		
<p><b><u>This Committee’s meeting held on 17 June 2025</u></b></p> <p><b>Briefing note NHS Dental Commission</b></p>	<p><b>Response of the Partnerships Portfolio Holder for Partnerships, in her formal decision dated 29 August 2025:-</b></p> <p><b><i>“Following the Committee’s focus on dentistry and the importance of ensuring there is sufficient provision in our area and particularly for those most in need, the following</i></b></p>	<p><b>Awaiting the responses in respect of a) and c) which are to be shared with</b></p>

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<p><b>The Community Leadership Overview &amp; Scrutiny Committee RESOLVED that the Committee:</b></p> <ol style="list-style-type: none"> <li>1) urges the Portfolio Holder for Partnerships to urge NHS colleagues in providers hospitals to supply the required data around admissions of children and the extent of which that can be attributed to dental decay;</li> <li>2) urges the Portfolio Holder for Partnerships, that with the envisioned merger of the ICB for Greater Essex, that she does everything that is within their power to ensure that the health inequalities, particularly with dental health inequalities, are front and centre for the new ICB and at least replicate the good work of the SNEE going forward; and</li> <li>3) urges through the Portfolio Holder for Partnerships that there is development of continued referencing data and extent of any improvement over time and for the actual NHS dental appointments for each year to be provided for children and adults.</li> </ol>	<p><i>decisions are made namely to:-</i></p> <ol style="list-style-type: none"> <li><i>a) instruct Officers to contact health colleagues and request that they provide data which explains the link between dental decay and hospital admissions;</i></li> <li><i>b) continue to champion the importance of addressing health inequalities as highlighted in this Council's emerging Health and Wellbeing Strategy and furthermore, to work with any newly formed Integrated Care Board so as to maintain that focus on addressing health inequality;</i></li> <li><i>c) instruct Officers to contact health colleagues to provide data which explains changes in dental appointments over time; and</i></li> <li><i>d) to share the responses in respect of a) and c) above with the Committee in due course."</i></li> </ol> <p><b>Full details of the decision can be found via the following URL: <a href="http://tdc-mgov-prd-01.tendringdc.gov.uk/ieDecisionDetails.aspx?ID=13804">http://tdc-mgov-prd-01.tendringdc.gov.uk/ieDecisionDetails.aspx?ID=13804</a></b></p>	<p>the Committee in due course.</p>
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Recommendations monitoring for those recommendations from earlier meetings of the Committee have been previously reported to the Committee and, as such, are not repeated here as there is no further update to be provided on them.