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North East Essex
Health & Wellbeing Alliance

North East Essex Health and Wellbeing Alliance

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**To transform the health and wellbeing of the population
of North East Essex by creating a sustainable system
of health and wellbeing services that meet the immediate
and longer term needs of our population**

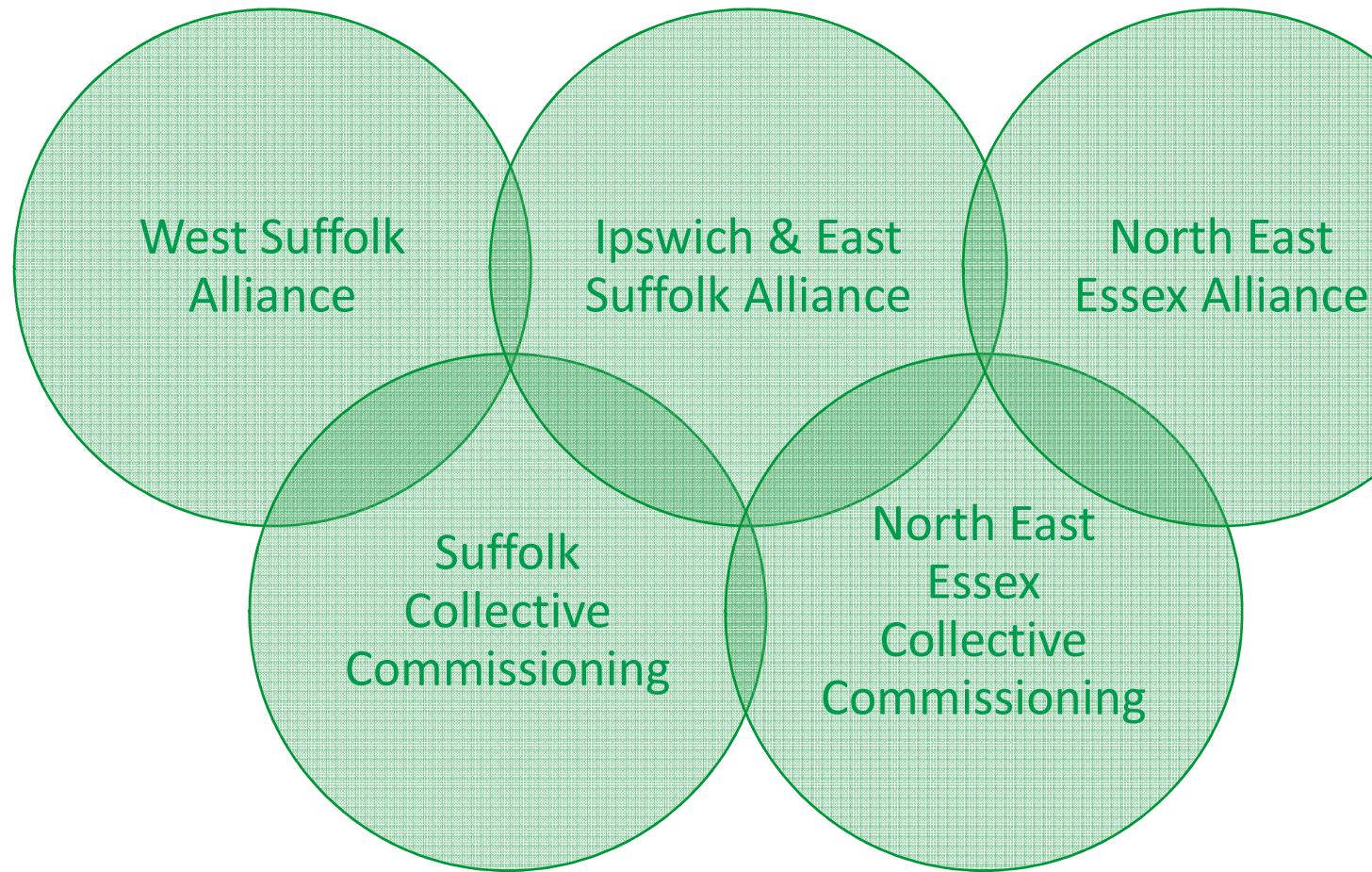
**Achieved through
Integrated COMMISSIONING
and
Integrated DELIVERY
of health and wellbeing services**

Our aim

Current Partners

- **ACE**
- **Colchester Borough Council**
- **Community 360**
- **CVS Tendring**
- **East of England Ambulance Trust**
- **East Suffolk and North Essex Foundation Trust**
- **Essex County Council**
- **Essex Partnership University Trust**
- **GP Primary Choice**
- **North East Essex CCG**
- **St Helena**
- **Tendring District Council**

Part of the merging Integrated Care System



Integrated Care System – Triple tier

System level

An ecosystem or partnership not a new health authority (*population of 1 million*)

Place level

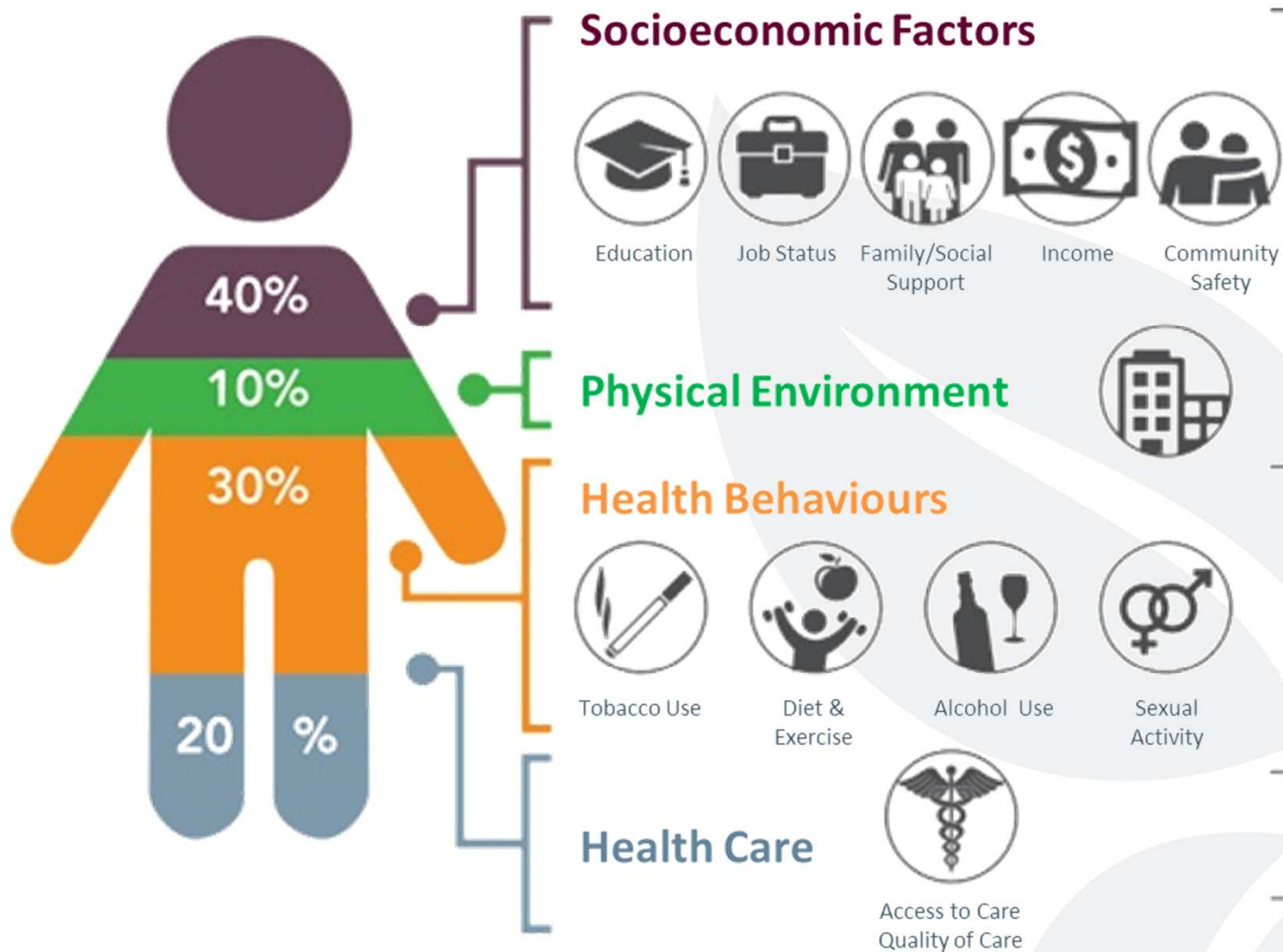
Led by Alliances working closely with local CCGs (population of 350k)

Neighbourhood level

Integrated community teams (physical and mental health, health and social care) fully engaged with primary care and supported by voluntary services

(populations of 30k-70k)

What affects whether we Live Well?



Tackling the Causes of the Causes

Age well
Supporting people to live safely and independently as they grow older



Be well
Empowering adults to make healthy lifestyle choices



Feel well
Supporting mental well being



Start well
Giving children the best start in life



Stay well
Supporting adults with health or care concerns to maintain healthy, productive and fulfilling lives



Die well
Giving individuals the choice of their end of life care



Live Well in North East Essex

C&YP Live Well in NE Essex

Age well
Supporting people to live safely and independently as they grow older



Be well
Empowering adults to make healthy lifestyle choices



Feel well
Supporting mental well being



Start well
Giving children the best start in life



Stay well
C&YP with health or care concerns are supported to maintain healthy, productive and fulfilling lives



Die well
Support for C&YP nearing end of life or dealing with bereavement



Children & Young People Live Well in North East Essex



Moving from where we are to where we want to be



Making an Outcome Based Accountability Approach

In February 2019, NEE Health and Wellbeing Alliance Board agreed the 6 Live Well Outcomes:

- **Start Well:** Children have the best start in life
- **Feel Well:** People enjoy mental well-being
- **Be Well:** Adults are empowered to make healthy lifestyle choices
- **Age Well:** People live safely and independently as they grow older
- **Stay Well:** Adults with health or care concerns are supported to maintain healthy, productive and fulfilling lives
- **Die Well:** Individuals nearing end of life have choice around their care

Partners across NEE have been exploring how we can measure successful achievement of our shared outcomes through the development of Population Health Indicators

These are measures which quantify achievement of the outcomes and will:

- Measure progress towards outcomes at the **WHOLE POPULATION** level
- Indicate the effectiveness of **collections of actions** (strategies) in moving towards *whole population outcomes* rather than the effectiveness of individual organisations/services
- Be owned by partners working together in **partnership**
- Help to answer the question “**are we doing the right things**”

Community model of care

- **Integrated neighbourhood teams**
- **Primary care networks**
- **Community beds**
- **Discharge to assess**
- **Intermediate care**
- **Frailty**
- **End of life care**
- **Care navigation/self-care**
- **Prevention and public health**

System resilience

- **Urgent and emergency care**
- **Crisis response**
- **System activity and capacity planning**
- **Patient flow and seasonal pressures**
- **Emergency and business continuity planning**
- **Urgent treatment service**
- **Out of hours**



Prevention and reducing inequalities

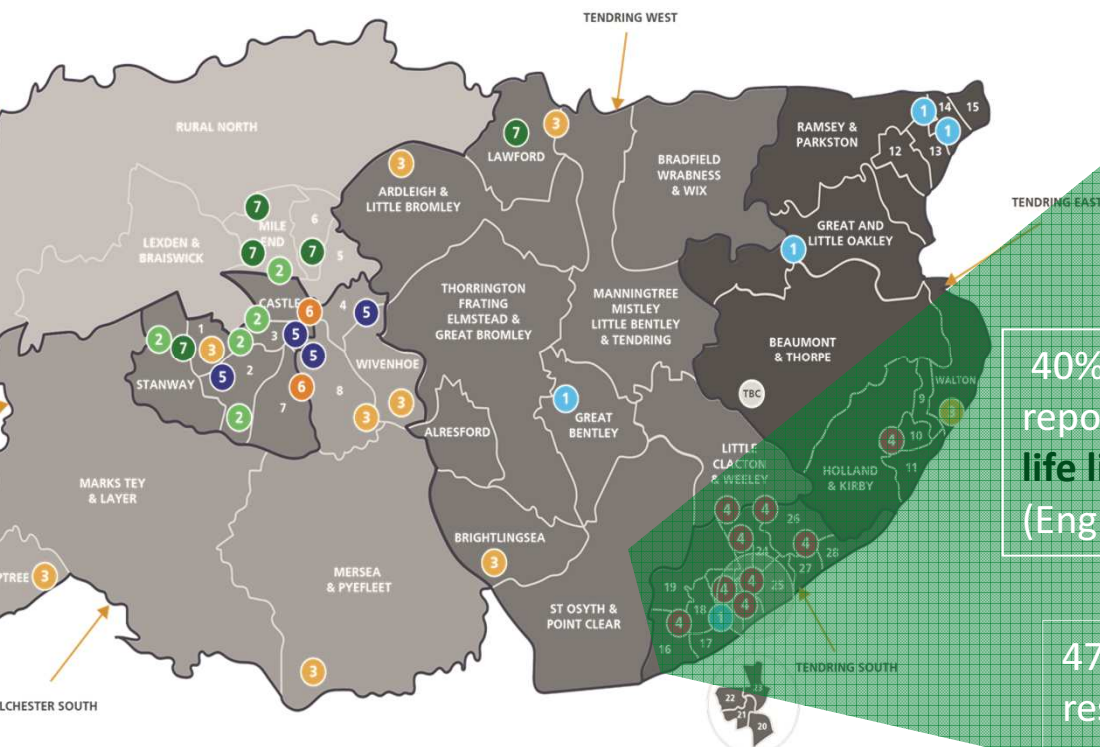
- **Public health**
- **Prevention**
- **Wider determinants of health**
- **Patient education**
- **Community assets**



System Integration

- **Communications and engagement**
- **Digital**
- **Estates**
- **Information Governance**
- **Population health management**
- **Quality and safety**
- **Workforce and OD**

Focus on ... Tendring South



10 of **most deprived** LSOAs in the Country are located in Tendring South Wards

13.5 years lower life expectancy in Pier Ward than in Marks Tey & Layer

15% of residents in Pier Ward live in **fuel poverty**

33% smoking prevalence at Old Road Surgery – compared to 17% England average

40% of Golf Green residents report having a **disability or life limiting illness** (England Average 17.6%)

Death from causes considered preventable are highest in Pier (246.25*) and Rush Green (212.94*) against an Essex ratio of 88.80

47% of St Bartholomew residents are aged **over 65** (England Average 18.3%)

Children and Young People fall short of England averages in multiple areas including development at age 5, GCSE achievement and excess weight

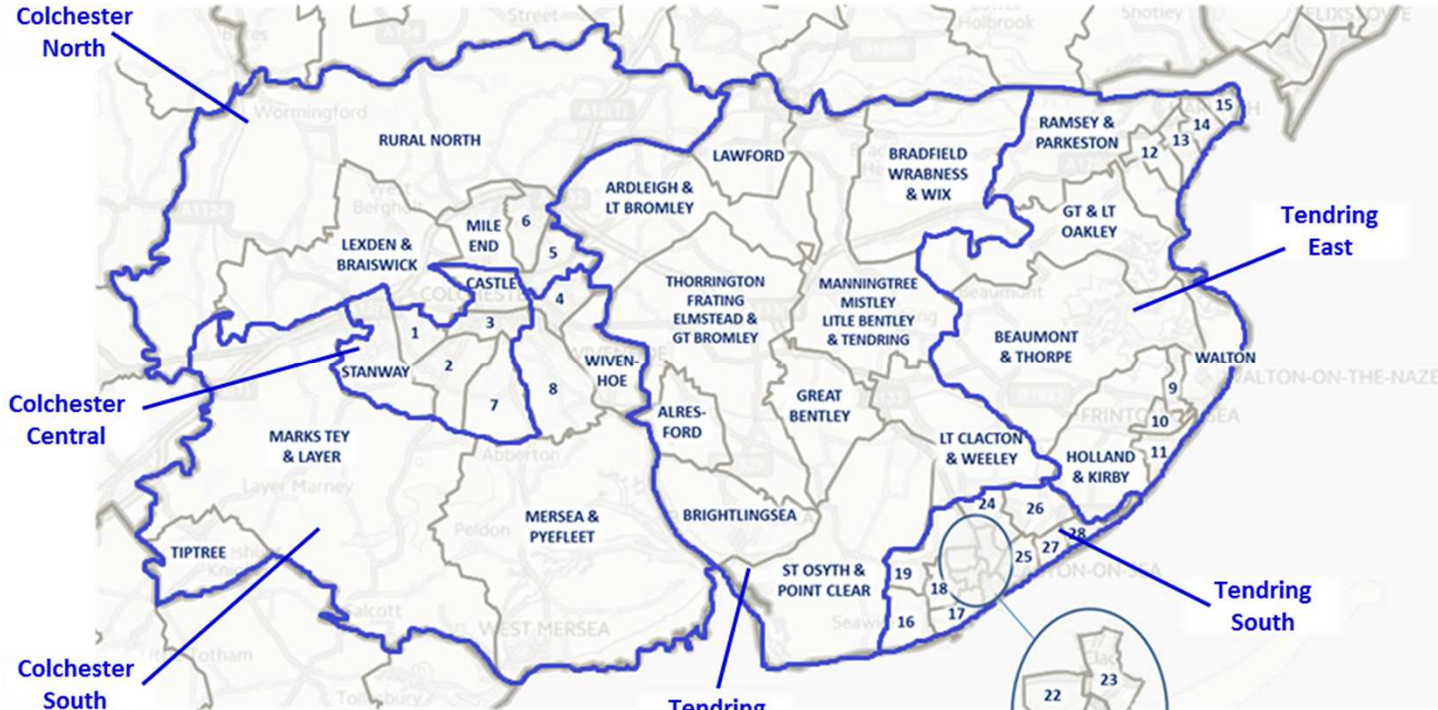
*Standardised Incidence Ratio, where England = 100

1. PRETTYGATE
2. SHRUB END
3. NEW TOWN & CHRISTCHURCH
4. GREENSTEAD

5. ST ANNE'S & ST JOHN'S
6. HIGHWOODS
7. BERECHURCH
8. OLD HEATH & THE HYTHE

9. HOMELANDS
10. HAMFORD
11. FRINTON

12. HARWICH WEST
13. HARWICH WEST CENTRAL
14. HARWICH EAST CENTRAL
15. HARWICH EAST



16. GOLF GREEN
17. ST JAMES
18. RUSH GREEN
19. BOCKINGS ELM

20. PIER
21. ALTON PARK
22. PETER BRUFF
23. ST MARY'S

24. ST JOHNS
25. ST PAULS
26. BURRSVILLE
27. ST BARTHOLOMEWS
28. HAVEN

Colchester North
Wards

- Rural North
- Lexden & Braiswick
- Mile End
- Highwoods
- St Annes & St Johns

Colchester South
Wards

- Mersea & Pyefleet
- Marks Tey & Layer
- Tiptree
- Wivenhoe
- Old Heath & The Hythe
- Greenstead

Colchester Central
Wards

- Castle
- Prettygate
- Shrub End
- New Town & Christchurch
- Berechurch
- Stanway

Tendring West
Wards

- Ardleigh & Lt Bromley
- Lawford
- Bradfield, Wrabness & Wix
- Thorrington, Frating, Elmstead & Gt Bromley
- Manningtree, Mistley, Lt Bentley & Tendring
- Alresford

- Great Bentley
- Brightlingsea
- St Osyth & Point Clear
- Lt Clacton & Weeley

Tendring East
Wards

- Ramsey & Parkeston
- Gt & Lt Oakley
- Harwich West
- Harwich West Central
- Harwich East Central
- Harwich East

- Beaumont & Thorpe
- Walton
- Homelands
- Hamford
- Frinton
- Holland & Kirby

Tendring South
Wards

- Golf Green
- St James
- Rush Green
- Bockings Elm
- Pier
- Alton Park
- Peter Bruff

- St Marys
- St Johns
- St Pauls
- Burrsville
- St Bartholomews
- Haven



Conta

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