

CONNECT

Free E Safety Workshop

The Dark Web -
How much do
you know?

Funded Programme for Primary Schools

Marathon Kids -
Support to get children
active and healthy

IntoUniversity

Academic support
sessions for
SATs and GCSE

Water Safety

Swim Safe Sessions -
Get Involved

Tendring
District Council



12 Primary Schools Celebrate Junior Wardens

A big cultural
celebration

Free Fun Day

26th May 2019



Councillor Lynda McWilliams -
Cabinet Member for Health and Education
"I would like to welcome you to the second
edition of CONNECT our annual education
newsletter from TDC. Highlighting the
varied work we do to support schools and
partners to make a positive impact on
children, young people and their families
across the District."

Teach First

In Tendring

Local Delivery Pilot in Tendring

Once in a lifetime
opportunity

Community Safety

Our work with children
and young people

Help All Children Get Active with Marathon Kids Programme

More active children, higher attendance and better attainment - these things are achieved by giving children the opportunity to do more physical activity, which is why the recommendations are out there for schools to provide 30 minutes a day.

Of course, with packed-out timetables this is hard to achieve, and that's why the charity Kids Run Free has developed a programme with evidence-based tools that can help schools to achieve this.

They reached over 83,000 children last year with its Marathon Kids programme, and with 95% taking part in 60% of runs offered, they know it works!

It also measures the programme's impact and continuously improves its offer, and the best thing is it's absolutely free!

How it works

Children run or walk up to four marathons over the year with the emphasis being on working towards their own personal goals, rather than it being a competition. Running a marathon is recognised by everyone as a massive achievement and Marathon Kids breaks this down in a way that makes it possible for *all* children.

It's flexible and sustainable and works with existing timetables so sessions can be run when it suits the school. Plus, you get an online Digital Tracking System to measure and track your running, so you know how well the children are performing and when they reach their milestones.

To help get started and engage the children there are lots of helpful support tools available. For a more hands-on approach, use your Sports Premium to purchase the time of a dedicated Marathon Maker who will come and set it up so you're ready to run!

Starter kits and branded rewards, such as medals and t-shirts are also available from the [online shop](#). The other great thing on offer is the free KRF Running App which parents are encouraged to use so families can track their running outside of school.

Kids Run Free is incredibly proud to have the support of global ambassador, Sir Mo Farah, who is helping the charity to inspire the next generation: *"I love running and it's given me and my family so much," says Farah. "As a dad, I know how important it is for my children to be active, and I'm honoured to have the chance to inspire kids to run with Marathon Kids."*

Marathon Kids is also part of the 'Active Kids Do Better' initiative developed by Discovery Education and Nike. Check out activekidsdobetter.co.uk to see what it's all about.



Check out the Marathon promo video:

<https://www.youtube.com/watch?v=Tm-Mc8IGFmU>

Academic Support at IntoUniversity Clacton

Academic Support is the after-school programme offer by IntoUniversity at all of its learning centre across the UK. Here in Clacton we run Academic Support for Primary School students on Tuesday and Wednesday and for Secondary School students on Monday and Thursday. Primary school students can choose one day a week to attend, whereas secondary school students can attend both days if they wish.

Students receive help with homework, coursework, revision and university applications. They are supported to complete their academic work to a high standard and on time. Primary students may also study our tailored, termly curriculum which is based on university degree subjects. Each 'degree' covers key National Curriculum numeracy and literacy learning objectives. Secondary students may also complete 'Future Readiness Projects' where they develop the transferable skills necessary to become independent learners.

This term in Clacton the Primary students are studying nutrition, and have spent the last few weeks learning all about the different food groups and why they are important while also exploring place value and gaining confidence in ordering numbers with up to three decimal places. We have also been developing our skills at working with fractions by developing tasty, and nutritional fruit smoothies. As well as gaining all these numeracy skills we have developed our literacy skills through pieces of creative writing about our favourite foods, and through regular reading.

At this point in the year, many of our students, in year 6 and at secondary school, are starting to focus on upcoming exams, such as their SATs and GCSE. With that in mind, we will be running revision sessions for SATs and GCSEs in the Easter Holidays and are always happy to support students with developing key skills for their exams during their Academic Support sessions.

Spaces for Secondary Academic Support are now quite limited. However, we do still have lots of spaces during our Tuesday Primary Academic Support session. If you have students that you would like to refer, then please do get in touch.

IntoUniversity Clacton
20-22 Rosemary Road
Clacton-on-Sea
CO15 1NZ
clacton@intouniversity.org
01255 446857



Kizzi Keast - Team Leader IntoUniversity
01255 446857
lizzie.keast@intouniversity.org

Tendring Water Safety Forum

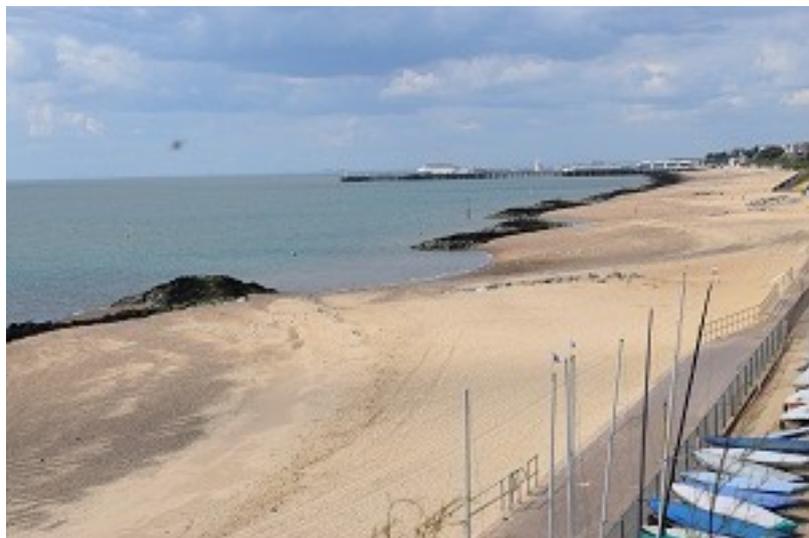
The Tendring Water Safety Forum has been meeting since the autumn to look at ways of improving water safety around our district's coastline, and in particular making children safer.

Made up of a number of agencies including Tendring District Council, the RNLI, Maritime and Coastguard Agency, Harwich Haven Authority, Brightlingsea Harbour Commission, Essex Police and Essex County Fire and Rescue Service, the Forum is leading on some key initiatives, including a video being produced in partnership with Clacton Coastal Academy which it is hoped you can share with pupils once completed.

There are two other ways the Forum is keen to get schools involved.

Swim Safe is again holding sessions in Tendring this summer, greatly expanded after funding was secured to deliver the outdoor swimming lessons to around 2,000 children across Harwich, Walton and Clacton. There are a number of school sessions available for education providers such as yourselves to book - please see www.swimsafe.org.uk for details of sessions and to book a place.

The Forum is also holding several '**Train the Trainer**' sessions around water safety. Rather than duplicate the existing material used by many of the Forum partners around staying safe on our coastline and in the water, the Forum is looking to empower schools and other groups to deliver the correct core messages in their own format - it could be in a PE lesson, an assembly, or part of PSHE. **As part of that the Forum is keen to train some staff at every school in the district to help pass on the vital water safety message to children in Tendring. For details of sessions and to sign up email seafronts@tendringdc.gov.uk**



Junior Wardens Project

Following a successful bid to the Essex Police, Fire and Crime Commissioners Community Safety Development Fund, Tendring District Council has delivered a successful project amongst 12 schools in the Tendring area, entitled, Tendring Junior Wardens.

The theme was Cultural Awareness, this being in response to Statistics that showed an increase in Hate Crime, particularly Racial.

Partners involved included: Essex County Council, Victim Support and Colchester Refugee Action.

Involving year 6 pupils and artists from the region, the children learned of other cultures through: African Song and Drumming, Bollywood Dancing, Chinese Calligraphy and Art sessions. In addition they worked with an author to collect their interpretations of this emotive subject through the written word; involving poetry, stories and even press reporting! These works were collated into a booklet for each school to hold as a resource.

Another aspect of the project was delivered by Refugee Action-Colchester, who were accompanied on their visits to each school by a young Syrian refugee, Zak. The children learned from Zak about the journey from his home in Syria, to this country. They also learned of the problems he met when settling into this country. Due to his age, the children related to Zak and responded to him well. Zak has learnt the art of rapping and to the children's delight, would 'rap' a rendition of his story to them.

At the close of the project schools met to deliver an event that celebrated their learning. Demonstrations of the activities enjoyed throughout the project, such as Bollywood Dancing and African song, were presented, by the children, to an invited audience which included parents and carers.

Overall the project was declared a success as children from each school read several testimonies that described their experiences and impact of the project and how much they had enjoyed it.

There was opportunity for involvement as the celebration event drew to an end as the audience, Artists and staff from the schools joined the children in Bollywood Dance and a great time was had by all!

Due to the level of the project's success; further funding is now being sought for 2019.



**Check out the Junior Wardens
celebration event:**

<https://youtu.be/-3dWxE8Gpk4>



Teresa Watson

Jaywick Sands Neighbourhood Team Manager

01255 428090

twatson@tendringdc.gov.uk

FREE E-SAFETY WORKSHOPS

The Dark Web - How much do you know?

Child sexual exploitation (CSE) is an increasingly high profile issue that affects children and young people of all backgrounds and from all communities, right across the UK. As part of a crackdown on CSE in Tendring, Tendring Community Safety Partnership are giving Year 5 pupils, in Tendring schools, the opportunity to attend the Walk Online Roadshow during March in a bid to keep children safe from online predators and how to avoid unknowingly giving out personal information.

The Roadshows will be delivered by EST E Safety, more commonly known as the '2 Johns'. Over the past year 'The 2 Johns' have delivered their Walk Online Roadshow™ to in excess of 100000 young people and the feedback received has been continually outstanding and over the past few years 'The 2 Johns' have been keynote speakers at many professionals events sharing their expertise around all issues of Online Child Sexual Exploitation.

The 2 Johns are both qualified Police Trainers and EST E-Safety Training offer a large range of bespoke training options. They trained every Youth Officer within Essex Police and qualified them to run E Safety assemblies in schools throughout Essex. We look forward to once again welcoming the '2 Johns' to Tendring to deliver the Roadshow to our young people.

In addition to the Walk Online Roadshows the '2 Johns' will also be running a staff session, open to all staff within schools across Tendring and two sessions for parents/grandparents/guardians.

The parent sessions are free to attend but places must be reserved online via the Princes Theatre website.

6th March 2019 12:30pm - 2:30pm
7th March 2019 7:00pm - 9:15pm
Book Online - www.princestheatre.co.uk

Charlotte Root
Safer Communities Assistant, Tendring District Council
Tel: 01255 686359
Mob: 07748 657147
Email: croot@tendringdc.gov.uk / gc.croot@tendringdc.gcsx.gov.uk



6th March 2019—12:30pm-2:30pm in conjunction with Extra for Families

7th March 2019—7pm—9:15pm

Princes Theatre, Clacton on Sea



Tendring Community Safety Partnership

Working with Young People, Schools and Local Partners

2018 marked the final year of OPFCC (Office of the Police, Fire and Crime Commissioner) funded gangs work in Tendring.

The piece of work spanned a two year period, and had three tiers of engagement

Training for frontline professionals:

Front line staff ranging from teachers and school staff, to social workers, support workers, and customer facing members of TDC staff, spent the day learning about how gangs operate and recruit for county lines, the potential pitfalls, and cultural reference points associated with county line involvement, and how young people within the district of Tendring were at risk of being drafted into a lifestyle that exploits their naivety.

In total, over 300 staff attended the training days during the two year period. This is just the beginning of raising awareness amongst professionals, with further events and training sessions in the pipeline.

Education sessions for young people:

Each of the secondary schools in the district was offered the chance to partake in sessions that were designed to engage young people on their level. Interactive discussions, role plays and scenarios were all used to bring about an understanding of the risks posed to young people, and how spot potential gang members and the tools they use to coheres young people into county line activity.

The sessions were extremely successful and were used by some young people as a springboard that allowed them to disclose information about concerns in their own lives.

One to one mentoring:

Working closely with the police gangs unit- Op Raptor, we were able to refer some of the most at risk, and engrained young people for one to one mentoring by Gangsline. Due to the nature of the lifestyle, these sessions were very much aimed at the needs of the young person, and as such some meetings were held in the evenings, or weekends in order to ensure full engagement from the young person referred.

As well as the gangs work, we partnered with Family Solutions to provide a six week group that worked with primary school aged children on the periphery of anti-social behaviour and criminal activity.

This year we are already working with partners on some exciting projects that include boxing, football, cricket, one to one mentoring, vocational & work based training and skills, and more gang related projects.



The Tendring
Community Safety
Partnership

If you would like to know more please contact me: reastwood@tendringdc.gov.uk

Local Delivery Pilot

Hi, I'm Cheryl, I work for Active Essex, the organisation responsible for getting people across the county physically active. Active Essex currently work with schools by running the annual School Games events as well as promoting the Daily Mile initiative.

Essex is one of 12 regions selected by Sport England to run a Local Delivery Pilot, to encourage people who are currently inactive to start doing some sort of activity. In Essex, the pilot is running in Colchester and Basildon as well as Tendring, and is focused on supporting people mental ill-health, older people as well as families with young children in areas of high deprivation.

As the Local Delivery Pilot Coordinator for Tendring, my job is to meet members of the community and find out what is stopping them getting active, listen to their ideas and aspirations, and understand how we can help increase participation in activity, now and in the future.

We know that previous attempts to increase activity have relied on exercise referral schemes, reduced prices at the gym, swimming vouchers etc, but so far, this has met with limited success. Tendring has the highest level of physical inactivity within Essex (33%), a figure we want to reduce for the health and wellbeing of the community.

Having lived in Tendring my whole life, I have a real passion for the area and the communities here and I am very excited by the opportunities that this pilot could unlock.

eldp Key Partners in the Essex Local Delivery Pilot

ESSEX HEALTH & WELLBEING BOARD	Essex County Council	Active Essex	Basildon Council
Colchester	Tendring District Council	collaborate	Community Voluntary Services Tendring
University of Essex	NHS North East Essex Clinical Commissioning Group	NHS Basildon & Brentwood Clinical Commissioning Group	Intelligent Health
Basildon, Basildon & Witham CDS	360 Together We Thrive	SPORT ENGLAND	Public Health England

Visit: www.activeessex.org/LocalDeliveryPilot to:

- Learn more
- Sign up for our newsletter
- Share your experiences
- Find out more about our partners

LOTTERY FUNDED



Cheryl Double
Local Delivery Pilot Co-Ordinator
Tendring District Council
01255 686758
cdouble@tendringdc.gov.uk

TeachFirst

Teach First is a charity which trains and supports people with leadership potential to become inspirational teachers in schools facing the greatest challenges.

If eligible, your school can **recruit driven, passionate people to train and teach in your school** through our Leadership Development Programme, rated Outstanding by Ofsted. Eligibility criteria is determined by the proportion of your pupils that are in the most deprived deciles of the Income Deprivation Affecting Children Index (IDACI).

In the East of England we recruit and train in Science, Maths, English, History and Primary.

In 2018, **79%** of East of England trainees gained a Grade 1 in their final assessment. **9 out of 10 Headteachers** partnering with Teach First agree that they would recommend us to other schools:

The quality of the candidates is superb, their drive, energy and commitment does both them and the programme credit. [East of England Headteacher]

Our trainees lead the way



Dedicated to change

Our trainees make up around a fifth of new teachers in low-income areas of England.



Leadership material

Seven times more likely to become senior school leaders.



Excellent teachers

In 2017, 99% of trainees who gained QTS achieved one of the two highest grades



Heading up schools

7 of our alumni have become headteachers.



“We actively recruit from Teach First if we can, because they’re a different calibre of teachers than you get through recruitments ads. We know the quality of the trainees and the difference that they make is huge!”

Rose Hughes, Headteacher, Yardleys School, Birmingham

We would welcome the opportunity to meet you to discuss your school’s recruitment needs and our primary programme- please email eastofengland@teachfirst.org.uk to speak to one of the School Partnerships Team.



Rhian Harris - Partnerships Manager
rharris@teachfirst.org.uk - 07447 180056

FIND OUT MORE

For detailed information about the programme, including the costs for your school, visit:

www.teachfirst.org.uk/teachertraining

Free Family Fun Day

**26 May, Clacton-on-Sea, West Greensward, Marine Parade West
10.30am to 5pm (first activities & live performances begin at 10.30am)**

You are warmly invited to a free day of family fun to celebrate the Essex Sunshine Coast and put a smile on your face!

We are offering a colourful celebration of the 'Great British Seaside' with live variety show entertainment for your family and friends. We'll keep your children entertained for free all day with lots of seaside themed activities.

We have Punch & Judy, the New Seaside Follies singing troupe, a children's magic show and The Marvellous Museum of Coastal Curiosities, a treasure trove of Clacton's secret seaside novelties from the past. Hear about Dare-devil Peggy, a one-legged 'flaming' diver and Stratosphere Girl who used to perform at Butlin's!

Did you know we used to have elephants bathing in the sea in Clacton?!

There'll be free workshops for 'clowning' skills, puppetry skills, arts and crafts all for your entertainment. There's something for everyone, including Nan and Grandad, with our nostalgic history fair of Tendring's glorious seaside past. Local historians will tell tales of 'champagne air in Clacton' and the Ideal Holiday Girl in our seaside resorts along the Essex coastline.

The Blackwater free fair (formerly Joskins fair) will be there in its full glory, including storytelling, swing boats and cork shooters!

Performers include: Escapologists the Maniac Brothers, Princes Theatre Youth Group and the West Cliff Youth Theatre.

Bring your rugs and picnics!

Loos available on site and parking available at local public car parks throughout Clacton.

The day is provided courtesy of the Heritage Lottery Fund, Essex County Council in partnership with Tendring District Council for 'Resorting to the Coast' heritage project. Further details can be found here:

<https://www.tendringcoastalheritage.org.uk/content/new-contributions/free-family-fun-day-26-may-2019>

